

Spring Testing Program FAQs



Q. What will Boehringer Ingelheim (BI) pay for?

A. BI will cover the cost for the following:

- Two ACTH tests (second ACTH for optional TRH stim procedure)
- Insulin
- Glucose

Q. Am I required to use the TRH stimulation testing procedure?

A. No. The TRH stimulation testing is optional.

Q. How many horses may be tested?

A. BI will cover the cost to test three horses per veterinarian.

Q. When should I use the TRH stimulation testing?

A. The Equine Endocrinology Group (EEG) recommended the TRH stimulation test for diagnosing horses that have subtle or early PPID or horses with clinical signs of PPID and a normal resting ACTH concentration.¹

Q. Where can I purchase TRH?

A. The chemical grade of TRH is not available to veterinarians. Compounded TRH is available. The only compounded TRH that has been compared to the chemical grade is manufactured by Wedgewood Pharmacy.²

Q. Can I use the TRH stimulation testing all year long?

A. At this time, reference intervals are only available to test horses mid-November to mid-July.

Q. Should I fast horses prior to having blood pulled for resting insulin?

A. No. Do not feed grain within 4 hours of pulling blood sample for resting insulin. Leave horse on hay and/or pasture as per normal management practices.³ **See Feeding Instructions Prior to Determination of Resting Insulin.**

QUESTIONS? Please contact Boehringer Ingelheim Customer Care at **888-637-4251** or email us at **CustomerCare@Boehringer-Ingelheim.com**.

¹Equine Endocrinology Group Recommendations, 2013, 2015 and 2017.

²Goodale L, Hermida P, D'Oench S, Frank N. Assessment of compounded thyrotropin-releasing hormone for the diagnosis of pituitary pars intermedia dysfunction in horses. ACVIM Annual Forum, Seattle, Washington. *J Vet Intern Med.* 2013;27:656.

³Recommendations for the diagnosis and treatment of equine metabolic syndrome (EMS). 2016. Equine Endocrinology Group.

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